



# Spring Cup 2026

29<sup>th</sup> edition

Sesto San Giovanni, Milan – Italy

January 16<sup>th</sup>-18<sup>th</sup>, 2026

International Synchronized Skating Competition for

Senior  
Senior Elite 12  
Junior  
Advanced Novice  
Basic Novice  
Mixed Age  
Juvenile

under the authorization of the

ISU - INTERNATIONAL SKATING UNION

organized by



## ANNOUNCEMENT



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# INVITED MEMBERS

All Members of the International Skating Union listed on ISU Constitution are invited to enter Teams at Spring Cup 2026.

**DATE:** January 16<sup>th</sup> -18<sup>th</sup>, 2026

**PLACE:** Palasesto, Piazza 1 Maggio, 20099 Sesto San Giovanni, Italy

The rink is an artificial heated indoor facility measuring 56 x 28 meters. An elevated platform for the Officials, as well as the entrance and exit points to the rink, are indicated in following plan:

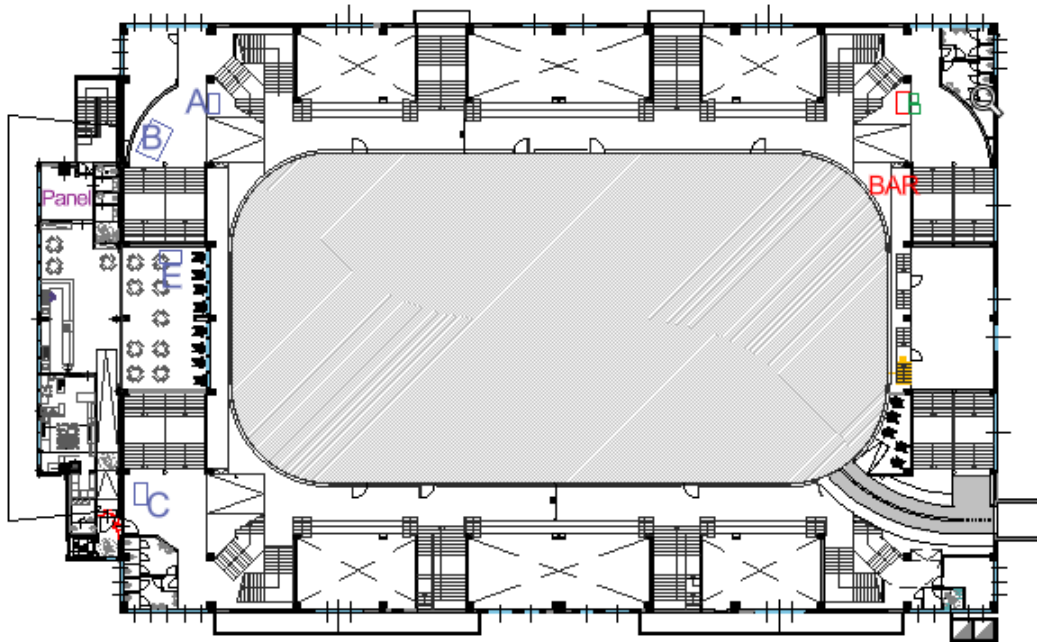


Figure 1\_ Ground floor

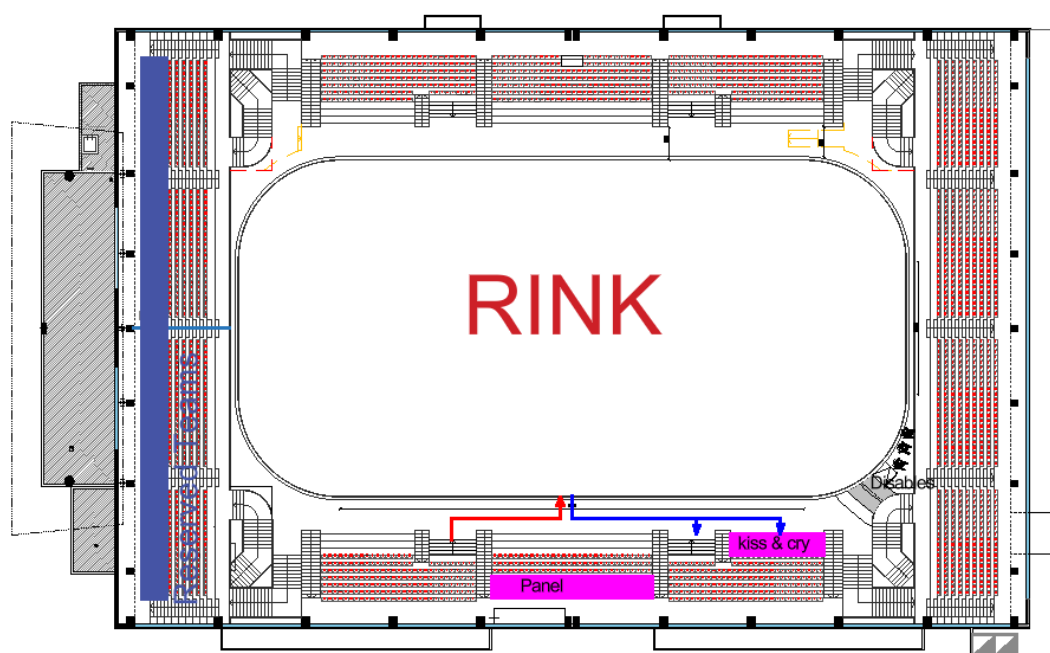


Figure 2\_ Rink and Stands

## **CATEGORIES**

Senior: Short Program and Free Skating

Senior Elite 12: Short Program and Free Skating

Junior: Short Program and Free Skating

Advanced Novice: Free Skating

Basic Novice: Free Skating

Mixed Age: Free Skating

Juvenile: Free Skating

### **1. GENERAL RULES**

The Spring Cup 2026 will be conducted in accordance with the current 2024 ISU Constitution and General Regulations, the 2024 Special Regulations & Technical Rules for Synchronized Skating and the relevant ISU Communications.

The teams must belong to an ISU Member, and the ages must fall within the limits specified in Rule 108. All skaters for all categories must qualify regarding eligibility according to Rule 102, and participation and citizenship requirements according to Rule 109.

### **2. TECHNICAL REQUIREMENTS**

The following Categories are included:

**ISU Senior:** shall consist of 16 skaters with a maximum number of 4 (four) alternate skaters. All skaters must have reached at least the age of 17 before July 1<sup>st</sup>, 2025. If an injury/illness should occur during official practice or during competition, the team will be permitted to skate with not less than 14 skaters.

Short Program: 2.50 min (may be less) Program Components Factor is 1.33

Free Skating: 4.00 min (+ / - 10 sec) Program Components Factor is 2.67

**ISU Senior Elite 12:** shall consist of 12 skaters with a maximum number of 4 (four) alternate skaters. All skaters must have reached at least the age of 17 before July 1<sup>st</sup>, 2025. If an injury/illness should occur during official practice or during competition, the team will be permitted to skate with not less than 11 skaters.

Short Program: 2.50 min (may be less) Program Components Factor is 1.33

Free Skating: 4.00 min (+ / - 10 sec) Program Components Factor is 2.67

### **SENIOR COMBINED**

The categories Senior ISU and Senior Elite 12 ISU can be combined into the Senior Combined category in order to preserve points for the ISU World Standing and ISU World Ranking (Rule 800, paragraph 2. a)). The OC will communicate an intent to do so as soon as possible to all Senior and Senior Elite 12 teams if possible. The final decision to combine the two categories will be made by the Organizing Committee and communicated shortly after the registration deadline.

**ISU Junior:** shall consist of 12-16 skaters with a maximum number of 4 (four) alternate skaters. All skaters must have reached at least the age of 13 but not have reached the age of 19 before July 1<sup>st</sup>, 2025. If an injury/illness should occur during official practice or during competition, the team will be permitted to skate with not less than 11 skaters.

Short Program: 2.50 min (may be less), Program Components Factor is 1.33

Free Skating: 3.30 min (+ / - 10 sec) Program Components Factor is 2.67

**Basic/Advanced Novice:** shall consist of 12-16 skaters with a maximum number of 4 (four) alternate skaters. All skaters must have reached at least the age of 10 but not have reached the age of 16 before July 1<sup>st</sup>, 2025. If an injury/illness should occur during official practice or during competition, the team will be permitted to skate with not less than 11 skaters.

Free Skating: 3.00 min (+ / - 10 sec) Program Components Factor is 2.67

**Mixed Age:** No age requirements, shall consist of 8 to 16 skaters + max 4 alternates

Program duration: 3 min. 30 sec. +/- 10 sec.

Teams may attempt any level. 3 Program Components. Program Components Factor is 2.67..

**Juvenile:** shall consist of 8-16 skaters with a maximum number of 4 (four) alternate skaters. All skaters must have reached at least the age of 8 but not have reached the age of 13 before July 1<sup>st</sup>, 2025.

Free Skating: 3.00 min (+ / - 10 sec)

Teams may attempt any level. 3 Program Components. Program Components Factor is 2.67.

### 3. ENTRY FEE

The fixed Entry fee for Spring Cup 2026 will be:

<b>SENIOR, SENIOR ELITE 12 and JUNIOR TEAMS</b>	€ 650,00
<b>BASIC and ADVANCED NOVICE TEAMS</b>	€ 550,00
<b>MIXED AGE TEAMS</b>	€ 550,00
<b>JUVENILE</b>	€ 550,00

Please note: Entry fee payment does not include any extra practice ice.

EXPIRY DATE OF ENTRY FEE PAYMENT IS December 1<sup>st</sup>, 2025.

All payments are to be made through BANK TRANSFER only, to the following account:

Account Holder:	ASD PRECISION SKATING MILANO
Name of Bank:	UNICREDIT
Bank Address:	Viale Casiraghi n. 54 – SESTO SAN GIOVANNI (MI)
ACCOUNT NUMBER:	000103527922PRECISION SKATING MILANO
IBAN:	IT-06-N-02008-20702-0001-0352-7922
SWIFT CODE:	UNCRITM101N

Clearly point out: "SPRING CUP 2026 / NAME of the TEAM / COUNTRY" on all payments.

Commissions and any bank transaction fee will be at your charge and must be paid directly to the bank.  
Organizing Committee must receive the net amount of entry fees.

A copy of the effected payments must be sent as soon as possible to the following e-mail address:  
oc@springcup.it

The Team registration will be valid only after Entry fee payment.

No refund will be made in case of withdraw from the Event after December 8<sup>th</sup>, 2025.

#### PLEASE NOTE:

- Bring a copy of bank currency transfer to facilitate registration procedure at PALASESTO ARENA.
- Credit cards or bank checks will be accepted.
- Cash payment (in Euro) will be allowed.

#### **4. ENTRIES AND NOMINATION/REGISTRATION**

All entries for the Spring Cup 2026 must be submitted through the ISU Online Registration System (ORS) by the indicated deadline. Declarations will need to be uploaded to the ORS as well.

If you have any problems concerning the registration via the ORS please contact the Organizing Committee (OC) of the Spring Cup 2026 via e-mail: [oc@springcup.it](mailto:oc@springcup.it)

The OC reserves the right to limit the number of teams per country per ISU Member or to refuse participation if the maximum number of teams that can take part in the competition is reached based on the date of the entries.

The OC will reserve to limit the number of entries, and the priority will be given to the teams that have submitted the preliminary entry within the requested deadline of preliminary entry and that have subsequently submitted the entry within the deadline and based on the first come first served.

In accordance to rule 109, up to 25% (four Skaters on a Team with sixteen Skaters and three Skaters on a Team with twelve Skaters) may be member of an ISU Member different from the one the Team is competing for, provided they have a respective permit from the ISU Member they belong to. Alternates are excluded from the calculation.

##### **Preliminary Entry**

The preliminary entry form must be submitted no later than October 15<sup>th</sup>, 2025 by entering the information through the ISU Online Registration System (ORS).

Team entries by names not preceded by the respective preliminary entries will not be accepted.

##### **Final Entry**

All final entries and nominations must be made via the ISU Online Registration System (ORS) no later than December 1<sup>st</sup>, 2025.

<https://fsk-ors.isu.swisstiming.com/>

and will be submitted via the ORS simultaneously to the:

SPRING CUP 2026

ORGANIZING COMMITTEE OFFICE

Via Cadorna 24/4

20871 Vimercate (MB), Italy

e-mail: [oc@springcup.it](mailto:oc@springcup.it)

Each participating ISU Member Federation is required to report to the organizer the name of the Team Leader designated for the nation/ISU member – Form Team contacts - Form 1.

The Organizing Committee reserves the right to accept late entries at its sole discretion.

Teams must submit a high-resolution digital team photo with their final registration.

## 5. OFFICIALS

Each participating ISU Member may nominate one (1) Judge, listed in the current ISU List of Referees and Judges for Synchronized Skating. The Entries of Judges must be made via the ISU Online Registration System (ORS) and reach the Organizing Committee, no later than December 1<sup>st</sup>, 2025.

The host ISU Member may nominate a second Judge listed in the current ISU list of Referees and Judges for Synchronized Skating.

Travel expenses of the Judges are borne by their respective ISU Member or by themselves.

The Referees, Technical Controllers, Technical Specialists and Data/Replay Operators will be invited by the Organizing Committee.

The Organizing Committee will cover travel expenses at APEX (advance purchase excursion) airfare economy rates for all invited Referees, Technical Controllers, Technical Specialists and Data/Replay Operators.

The Official Hotel for Referees, Technical Controllers, Technical Specialists, Judges, Data/Replay Operators is:

**HOTEL ABACUS\*\*\*\***, Sesto San Giovanni (Milan)

The rooms at **HOTEL ABACUS** for invited Referees/Technical Controllers/Technical Specialists/Data-Replay Operators and nominated Judges will be reserved by the Organizing Committee upon receipt of the entries.

The Organizing Committee will provide the accommodation and breakfast for invited Referees/Technical Controllers/Technical Specialists/Data-Replay Operators and nominated Judges at **HOTEL ABACUS**, while the food will be provided at the ice rink, except the dinner on January 16<sup>th</sup>, 2026.

All other expenses will be the responsibility of each individual Official. Should any Official arrive at the hotel before or stay after the period described above, their room costs and expenses will be their responsibility and must be paid upon arrival.

The Organizing Committee does not cover travel, accommodation and meal expenses for wives, husbands, relatives, etc.

Referees, Technical Panel and Judges, are requested to announce to the Organizing Committee as soon as possible but no later than December 1<sup>st</sup>, 2025, dates, times and place of arrival or any other information concerning their trips to the Spring Cup 2026.

## 6. INITIAL JUDGES MEETING / DRAW / REFEREES-TECHNICAL PANEL MEETING / ROUND TABLE DISCUSSION

The Initial Judges Meeting events will be held on Friday, January 16<sup>th</sup>, 2026, at 5pm at HOTEL ABACUS.

The Official Draw will be held on Friday, January 16<sup>th</sup>, 2026 at 6:30pm at HOTEL ABACUS.

The Meeting for Referees, Technical Controllers, Technical Specialists and Data/Replay Operators will be held on Friday, January 16<sup>th</sup>, 2026, at 7:15pm at HOTEL ABACUS.

The Technical Panel Review Meeting (Technical Controllers, Technical Specialists and Data/Replay Operators) will be held on Sunday, January 18<sup>th</sup>, 2026 at 8:30pm at the ICE RINK (Technical Panel Room).



The Round Table Discussion events will be held on Sunday, January 18<sup>th</sup>, 2026, at 9pm at HOTEL ABACUS.

Referees, Judges, Technical Controllers, Technical Specialists and Data/Replay Operators are kindly requested to carefully plan well in advance their travel arrangements in order to attend the mandatory meetings.

PLEASE NOTE THAT THIS TIME SCHEDULE IS SUBJECT TO CHANGE!

## **7. PLANNED PROGRAM CONTENT SHEETS**

The Planned Program Content must be submitted by the ISU Member or the Team(s) through the ISU Online Registration System (ORS). It is mandatory that each Team completes the Program Content form accurately and in English, using the official element terminology as published in the relevant ISU Communication.

## **8. MUSIC**

In accordance with Rule 823 in the ISU Special Regulations & Technical Rules for Synchronized Skating, the team music must be submitted to the OC as follows:

All teams must provide their competition music of excellent quality as MP3 file format via e-mail to: [media@springcup.it](mailto:media@springcup.it)

Please send one e-mail for each song.

The subject of the e-mail and the music file must be clearly identified and should be labelled in the format:

Category, Country Code, Team Name, Competition Program

Example:

Senior\_ITA\_Team\_SP

Senior\_ITA\_Team\_FS

Elite\_ITA\_Team\_SP

Elite\_ITA\_Team\_FS

Junior\_ITA\_Team\_SP

Junior\_ITA\_Team\_FS

AdNov\_ITA\_Team\_FS

BNov\_ITA\_Team\_FS

Mxage\_ITA\_Team\_FS

Juvenile\_ITA\_Team\_FS

Music files are requested to be sent no later than December 1<sup>st</sup>, 2025.

Additionally, each team will need to bring their competition music on a clearly labelled USB drive as a backup. One USB drive for each program.

The USB drive must be submitted by the Team Manager or Team Leader at the time of registration. All music must be clearly identified with the name of the team and must show the exact running time of the music (not skating time).

## 9. PRACTICE

Official practice for Competitors begins on January 17<sup>th</sup>, 2026 in Palasesto Arena. The detailed schedule will be issued at the time of registration.

### Short Program

Senior ISU: 10 minutes

Senior Elite 12: 10 minutes

Junior ISU: 10 minutes

### Free Skating

Senior ISU: 12 minutes

Senior Elite 12: 12 minutes

Junior ISU: 11 minutes

Advanced Novice: 10 minutes

## UNOFFICIAL PRACTICE (Extra ICE)

It will be possible to book extra ice at Palasesto or nearby ice rinks, subject to availability. Arrangements will be made on a first-come, first-served basis. Forms and all related information will be sent along with the preliminary registration.

Be sure to book your extra practice ice as soon as possible to be better served.

## 10. ARRIVAL OF PARTICIPANTS / TEAMS

The nearest Airports to Milano Sesto San Giovanni are:

- Milano Linate Airport with a distance of 13 km to the official hotel.
- Orio al Serio Airport - Bergamo with a distance of 43 km to the official hotel.
- Malpensa Airport with a distance of 53 km to the official hotel.

Free transfer from/to Airport, from/to Palasesto Arena and from/to hotel will be granted to the nominated Judges, invited Referees, Technical Controllers, Technical Specialists and Data/Replay Operators – Please insert the information in the ISU ORS.

Teams wishing to arrange transfer from/to Airport, from/to the Ice rink or any other transfer requirement necessity are kindly requested to contact the following bus company:

AUTOSERVIZI VITTORIO VIOLA SRL ref. Ms. Ashly

Phone: +39 039 6959069

Email: [info@autoserviziviola.com](mailto:info@autoserviziviola.com)

## 11. ACCREDITATION

The registration for Teams, Coaches, Team Leaders, and Team Managers will take place at the designated registration office in the PALASESTO Arena on January 16<sup>th</sup>, 2026, from 2pm to 9 pm and on January 17<sup>th</sup>, 2026, from 9am to 12 pm.

All team members will need to identify themselves by a passport when registering at the event.

Copies of the passports (ISU categories) and of the Identity Cards (NON ISU categories) have to be collected for the Referee of the competition.

Each team is entitled to four (4) additional accreditations (Coach, Team Leader, Team Medical Staff, etc.)

Referees, Judges, Technical Controllers, Technical Specialists, and Data/Replay Operators' registration will take place at the official hotel. Upon arrival, each Official will receive an envelope containing their accreditation badge and all necessary information regarding the competition as well as details about the dinner schedule for January 16<sup>th</sup>, 2026.

## **12. OFFICIAL HOTEL(S)**

Accommodation for participating Teams is at their own expense.

Listed hotels are placed near the Palasesto Arena.

- 1) iH Hotels Milano St. John  
Via Bruno Buozzi, 97, 20099 Sesto San Giovanni MI  
Tel: +39 02 240 5641  
Mail: [reservation.stjohn@ih-hotels.com](mailto:reservation.stjohn@ih-hotels.com).  
Web: <https://ih-hotels.com/city-hotel/milano/ih-hotels-milano-st-john/>
- 2) COSMOHOTEL PALACE  
Via F. De Sanctis 5, 20092 Cinisello Balsamo  
Tel +39 02 61 777 1  
Mail TBC email for reservation  
Web [www.cosmohotelpalace.it](http://www.cosmohotelpalace.it)
- 3) Grand Hotel Barone di Sassj  
Via Vittorio Padovani, 38, 20099 Sesto San Giovanni MI  
Tel: +39 02 241 1401  
Mail: [reservations@baronedisassj.com](mailto:reservations@baronedisassj.com)  
Web: <https://www.baronedisassj.com/>
- 4) HOTEL ABACUS  
Via Monte Grappa 39, 20099 Sesto San Giovanni, Italia  
Tel: +39 02 26225858  
MAIL: [info@abacushotel.it](mailto:info@abacushotel.it)
- 5) Best Western Plus Hotel Monza e Brianza Palace  
Viale Brianza, 160/166, 20092 Cinisello Balsamo MI  
Tel: +39 02 660 2111  
MAIL: [monzaebrianza.mi@bestwestern.it](mailto:monzaebrianza.mi@bestwestern.it)

The Organizing Committee will take charge of HOTEL ABACUS reservation for: Referees, Judges, Technical Controllers, Technical Specialists and Data/Replay Operators.

Reservations will be placed by organizing committee for 3 nights (check in Friday January 16th – check out Monday January 19th)

### **13. RESULTS**

The marking system (ISU Judging System) is described in 2024 Special Regulations & Technical Rules for Synchronized Skating.

The Starting Order of the Free Skating will follow the reverse order of places in the Short Program.

### **14. PRESENTATION OF MEDALS AND PRIZES**

The medal ceremony will take place immediately after the conclusion of all competitions. The top three teams in each category will be announced and honored with gold, silver, and bronze medals or trophies. The national anthem of the winning team will be played, and the flags of the medalists will be hoisted. All participants will receive a commemorative medal.

The prizes are symbolic and serve as a tribute to sporting excellence and a formal recognition of merit.

### **15. INSURANCE / LIABILITY**

In accordance with Rule 119, it is the sole obligation of each Member participating in ISU Events, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team.

Such insurance must assure full medical attendance and the return of the ill or injured person to the home country by air transport or by other expeditious means. It is an internal matter of each ISU Member to decide the issue of who shall pay the premium for such insurance.

### **16. ANTI DOPING**

An anti-doping control may be carried out during the competition and will be in accordance with the valid ISU Anti-Doping Rules.

### **17. PUBLICITY WAIVER**

Members, officials, teams, and competitors hereby acknowledge and consent to the fact that team photos, team information and results will be published, as well as that the Spring Cup 2026, may be televised or live streamed either in whole or in part, for showing on a worldwide basis.

According to the current ISU Constitution, both members and competitors (in this case, teams) hereby certify and warrant that the music and choreography presented and used by the competitors have been fully cleared and authorized for public use.

## 18. INFORMATION AND VARIOUS

For information, please contact the Organizing Committee:

### O.C. SPRING CUP c/o

Precision Skating Milano  
Via Cadorna, 24/4  
20871 Vimercate (MB)  
e-mail: [oc@springcup.it](mailto:oc@springcup.it)

## 19. SPORTITY APP

The **SPORTITY app** will be used for announcing all information regarding the competition. It can be downloaded from the Google and Apple play stores

Stay up to date, download the app and receive notifications. The password will be provided directly to participating Teams and Officials via separate emails.

## 20. MEALS

Upon request, meals can be organized. Details and booking forms will be sent after the preliminary registration.

## 21. PRELIMINARY EVENT SCHEDULE

### Friday, January 16<sup>th</sup>, 2026

2pm - 9pm: Official Registration at PALASESTO in Sesto San Giovanni

From 3pm: Registration for Officials at the official hotel (during check in)

5pm - 6:25pm: Initial Judges Meeting (Referees and Judges)

6:30 -7pm: Official Draw

7:15pm - 7:45pm: Meeting for Referees, Technical Controller, Technical Specialists and Data/Replay Operators

8:30pm: Officials' Dinner for Judges/Referees/Technical Controller/Technical Specialists/Data-Replay Operators

### Saturday, January 17<sup>th</sup>, 2026

9am - 12pm: Official Registration at PALASESTO in Sesto San Giovanni

6am - 1pm: Official Practice

2:30pm - 3pm: Opening Ceremony (Palasesto Arena)

3pm - 3:30pm: Juvenile Skating Event

3:40pm - 4:20pm Mixed Age Free Skating Event

4:35pm -5:55pm: Basic Novice Free Skating Event

6:10pm - 7:35pm: Junior Short Program Event

7:50pm - 9:15pm: Senior/ Senior Elite 12 Short Program Event

### **Sunday, January 18th<sup>th</sup>, 2026**

7:30am - 1:30pm: Official Practice

2:30pm - 3:50pm: Advanced Novice Free Skating Event

4:05pm - 5:40pm: Junior Free Skating Event

5:55pm - 7:30pm: Senior/ Senior Elite 12 Free Skating Event

7:45pm - 8:30pm: Award Ceremony for all categories

8:30pm - 9pm: Technical Panel Review Meeting (Technical Controllers, Technical Specialists and Data/Replay Operators) at the ICE RINK

9pm - 11:pm: Round Table Discussion

Please note: This is a tentative schedule of the event. It's subject to changes and will be updated in accordance with the final number of participating teams.

### **FORMS AND DEADLINES**

Number	Form	Format	Deadline
N/A	Preliminary Entry Form	ORS	Oct 15 <sup>th</sup> , 2025
N/A	Composition of Delegation	ORS	Dic 1 <sup>st</sup> , 2025
N/A	Entry Form for Teams	ORS	Dic 1 <sup>st</sup> , 2025
N/A	Entry Form for Judges	ORS	Dic 1 <sup>st</sup> , 2025
N/A	Entry Fee	Bank transfer	Dic 1 <sup>st</sup> , 2025
N/A	Team Travel Form – ONLY FOR OFFICIALS	ORS	Dic 1 <sup>st</sup> , 2025
FORM 1	Team travel Informations – FOR TEAMS	Google Form	Dic 1 <sup>st</sup> , 2025
FORM 2	Team contacts	Google form	Dic 1 <sup>st</sup> , 2025
N/A	Planned Program Content Form	ORS	Dic 1 <sup>st</sup> , 2025

N/A	Music Files	via e-mail	Dic 1 <sup>st</sup> , 2025
FORM 3	Unofficial practices	Google Form	Dic 1 <sup>st</sup> , 2025
FORM 4	Meals Lunch and Dinner	Google Form	Dic 1 <sup>st</sup> , 2025
N/A	Competition Music Information	ORS	Dic 1 <sup>st</sup> , 2025